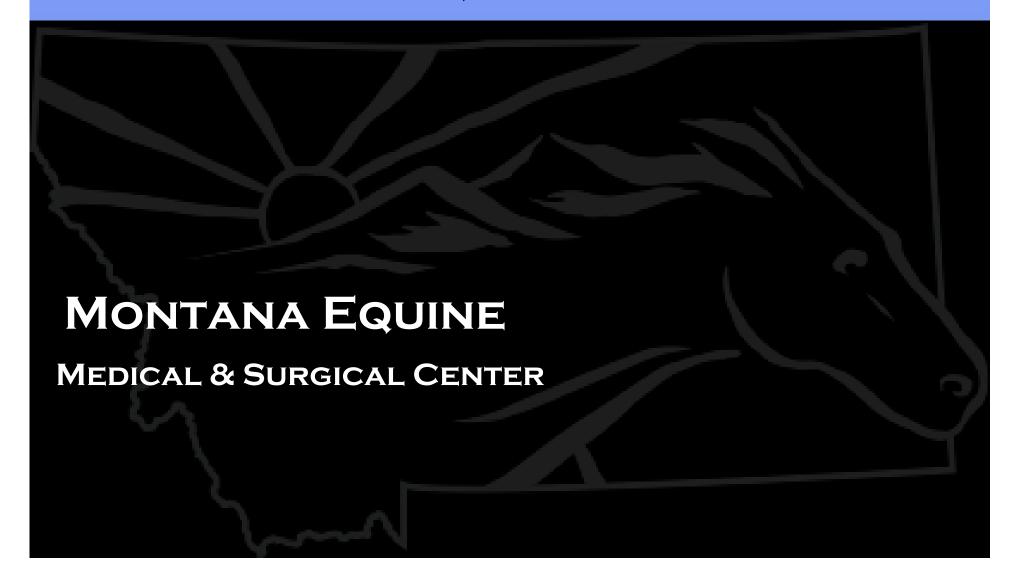
### NEONATAL MEDICINE

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SPECIALIST IN EQUINE INTERNAL MEDICINE



### The "1 -- 2 -- 3 Rule"

- 1st hour: From "Water" to Delivery
  - Stage 1 Labor: Delivery of the Amnion: 15 minutes
  - Stage 2 Labor: Delivery of the Foal: 15 minutes
- 2nd hour: Delivery to Standing Foal
- 3rd hour: Standing Foal Nurses
   Placenta is Delivered (Stage 3)

### Pre-Partum Concerns:

- Vaccinations:
  - Pneumabort K: 5, 7, 9<sup>th</sup> month of gestation
  - E/W/T, West Nile, Flu/Rhino: 10<sup>th</sup> month
    - To Achieve Best Passive Transfer
    - Maternal Blocking of Antibodies
    - (Intra-Nasal Vaccines Do Not Enter Udder)
  - Ultrasonographic Assessment:
    - 10-14 days pre-partum
    - Fetal Eye, Aortic Root, Thoracic Diameter
    - Heart-Rate SLOWS pre-partum
      - Averages 65-75 bpm
      - Increased variation with activity compared to early gestation
  - Mare Bath: Gentle Soap



# Preparation/Supplies

- Mare Preparation + Exam
  - Bath
  - Udder
  - Tailhead, Perineum
  - Milk Test Kits
- Supplies:
  - Towels
  - Hemostats + Scissors
  - 1:4 Nolvasan Solution
  - Chains and Handles,
  - Betadine + J-Lube
  - ET Tube, Ambu Bag, Oxygen
  - Epinephrine, Atropine, Vasopressin, IV Fluids



### 1st Hour

- Delivery of the Amnion is "Stage 1 Delivery"
  - Signals the Beginning of Labor
  - Start your watch
- Delivery of the Foal is "Stage 2 Delivery"
  - 15 minutes from first presentation to delivery
  - Less is more but...
    - Provide assistance if mare is not making progress
    - No more than 2 strong people
    - May pause once head + forelimbs have presented
      - Clean the head
      - Stimulate breathing
      - Oxygen



### 2nd Hour

- Dystocia is a TRUE medical emergency
  - Do Not Delay
- Veterinary Intervention:
  - Evaluation
    - Include determination if C-section is an option
  - Set your Watch: 15 minutes of manipulation
  - Manipulation
    - Tocolytics: Buscopan: 0.3 mg/kg
      - » Duration is 30 minutes
    - Epidural: Lidocaine 0.1 mg/kgMorphine 0.1-0.3 mg/kg
    - Broad Spectrum Antibiotics
    - Analgesia: NSAIDs
  - Hoist for Repulsion: 15 minutes (if surgery is an option)

### Third Hour

- Passing the Placenta
  - After 6 hours: Emergency
  - Uterine Lavage:
    - Intra-Uterine: Sterile Crystalloids
      - Sterile NG Tube
      - "T-U-R-Y" Cystoscopy Set
    - Intra-Placental: Clean Water
  - Oxytocin
    - 20-40 units IM
    - Infusion: 100-200 units in 1 L (over 30 minutes)
- Suckling: Passive transfer of antibodies
- Specialized crypt cells close in response to ANY ingesta
  - Administration of any milk-like substance will close crypt cells
  - If crypt cells carry bacteria → septicemia
  - If crypt cells close without either antibodies or bacteria → protection
    - This may be value of "powdered colostrum" products
    - Pasteurized goat's milk decreases risk of septicemia



## Routine Assessment

- Every time you enter the stall:
  - Foal should stand + stretch
  - Foal should go to udder
  - Foal should urinate 4x/hr
- Temperature?
  - Unreliable
- Monitoring:
  - Weight
  - Lameness?
  - Lethargy + Appetite
  - Feces?
    - "Foal Heat" Diarrhea
  - Serial Bloodwork
- Palpation:
  - All joints: Esp. hock + stifle joints
  - Umbilicus



### Routine Prevention

- Vitamin E/Selenium to every foal
  - 1 cc IM on Day 1
- Additional Vit E?
  - Dose is debatable
- Umbilical Care
  - 1:4 Nolvasan Solution 2-4x/day for 1 wk
- Nutrition
  - Test your hay
  - Balanced concentrate for mare
    - Junior, Growth Diets



# Milk, Milk Replacer

- Bottle vs. Pan-Feeding
  - Aspiration
  - Social Issues
- Volume: 6-8 mg/kg/hr
  - le 10% B.W. → 5L/day for a neonate
  - Up to 20% B.W. → 10L/day for a neonate
- Calories:
  - 50-100 kcal/kg/day
  - Mare's milk has 0.57 kcal/ml → 4-8L/day
  - Foals suckle 2-3x / hr → 100-150 ml/feeding
  - Tube feeding?
    - 665 ml q2 hrs BUT 1000 ml q3 hrs



### Failure of Passive Transfer

- No protection vs. opportunistic pathogens
- Foal Factors vs Maternal Factors
- Assess at 12-18 hours of age: CITE test
  - SNAP test "foal-side" testing
    - Target: >800 mg/dL = excellent passive transfer
  - Crypt cells closed by 18 hours (sooner once exposed to ANY ingesta)
  - May still provide antibodies orally
    - Crypt cells may not all be closed
    - Donor colostrum most cost-effective when given early
- Repeat Assessment: Antibodies are consumed during septicemia
- Plasma transfusion is the ideal

### IV Fluids

- Neonates require huge volumes of fluids!!
- 75% of BW is water (65% for adults)
- ECF is 38-44% (vs. 22-28% for adults)
- Increased Metabolic Rate
- Decreased Renal Concentrating Ability
  - Kidney Output = 6 ml/kg/hr (ie 65% of total input)
- Total Requirement: 10 ml/kg/hr
- Plus Dehydration
  - % dehydration x B.W.
  - e.g. 5% x 50 kg = 2.5 L
- Plus ongoing losses:
  - Increased if high ambient temperature
  - Increased if reflux, diarrhea
  - Increased if "third space" losses (eg into gut in ileus, into abdomen)



# **Crystalloids**

- Isotonic Crystalloids:
  - LRS, Plasmalyte 148, Norm R
  - Replacement Fluids
  - Osmolarity = Plasma
  - Fluids go equally into plasma, ICF, ECF
  - 1L fluids → 750 ml goes to extravascular space
  - le Just like plasma, without protein
- Hypotonic Fluids:
  - Plasmalyte 56, Norm M
  - Maintenance Fluids
  - Preferentially rehydrate → ICF, ECF
    - Due to osmotic drive



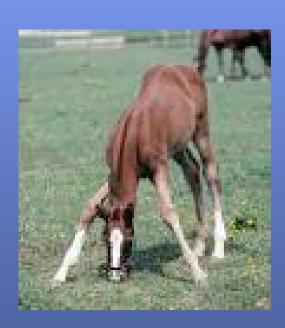
## **Colloids**

#### Plasma

- 1 L raises total protein 0.75 g/dL (if no losses)
- Balanced colloid:
  - Minimizes coagulopathy
  - Provides Antibodies
  - Duration in circulation?
    - 5-7 days minimum

#### Hetastarch

- Expands plasma volume
- Synthetic Starch
- High variability in particle size
- Dose 2-5 ml/kg
- Hypocoagulability @ 10 mg/kg
- Duration in circulation?
  - 3-5 days



# Septicemia - treatment

- Risk Factors
  - Placentitis
  - Pre-maturity
  - Failure of Passive Transfer



- Diagnostics?
  - CBC/Chemistry may not reveal inflammation
  - Blood Culture
- Treatment
  - Broad Spectrum Antimicrobials
  - Continued Plasma Transfusions
  - Supportive Care



### Antibiotics: Routine

- Eg partial failure of passive transfer: Prophylaxis
- SMZ: 30 mg/kg PO BID
- Doxycycline: 10 mg/kg PO BID
- Chloramphenicol? 50 kg/kg PO TID

# Antibiotics: Big Guns

- Beta-Lactams and Cefalosporin
  - K Pen: 22,000 units/kg QID
  - Ampicillin: 10 mg/kg TID-QID
  - Timentin: 50-60 mg/kg QID
  - Naxcel: 10mg/kg BID
  - Ceftazidime: 50 mg/kg QID
  - Imipenem: 10 mg/kg QID
- Aminoglycosides
  - After rehydration
  - Gentocin: 6.6 10 mg/kg
  - Amikacin: 21-27 mg/kg
  - Therapeutic Monitoring



# Hypoxic/Ischemic Diseases

- "Dummy" foals = Peripartum Asphyxia Syndrome
- Medications
  - Allopurinol Downregulates Xanthine Oxidase
    - During first 3 days of life (human)
    - 10 m/kg PO BID
  - Vit E -- Free Radical Scavenger
    - 1000 units PO SID
  - Low-dose NSAIDs
    - Ketoprofen: 0.5 -1.1 mg/kg IV BID
  - Mannitol
    - Preferentially recruits fluids from cerebral edema
  - DMSO?
    - Causes severe hypertonicity for 5-7 days
- Any organ system can be affected
  - Gastrointestinal
  - Renal, esp. including bladder
  - Hepatic
  - \*\*Neurologic\*\*



# **Dysmaturity + Prematurity**

- 335-345 days is only an average
- Dysmaturity = term but signs consistent with incomplete maturation in utero
- Clinical Signs, P.E.
  - Domed Forehead
  - Silky Haircoat
  - Tendon Laxity
  - Entropion
  - Epinechium
- Treatment:
  - Supportive Care
  - Broad-Spectrum Antimicrobials
- Radiographic
  - Incomplete ossification



# Orthopedic abnormalities

- Flexural Deformities
- Incomplete Ossification
  - Crushing of cartilage model
  - Juvenile arthritis
  - Strict Confinement
  - Time
  - Tildren?
- Contractural Deformities
  - Rest
  - Robert Jones: Reverse Myotactic Response
  - NSAIDs
  - Oxytetracycline: 5 mg/kg once
    - Repeat only as necessary





# Ruptured Bladder

- "Dummy" bladder syndrome
- Monitor urine production
  - $-6 \text{ ml/kg/hr} \rightarrow 300 \text{ ml/hr}$
- Diagnostics:
  - Abdominal U/S
    - Identify Rent
    - Free fluid (mixed echogenicity)
  - Abdominocentesis
  - Total K+ concentration
  - Azotemia

# Colic Signs

- Gastric Ulceration
  - Ranitidine:
  - Omeprazole: 2.2 mg/kg PO SID
  - Sucralfate: 10 mg/kg PO QID
- Obstructive Diseases
  - Lethal White
    - All white QH may NOT be lethal white
  - Atresia
  - Segmental smooth muscle abnormalities
  - Meconium impactions
    - Acetylcysteine: dose
    - Soapy water enema Gastric ulceration

### Clostridial Diseases

- Metronidazole:
  - 10-15 mg/kg PO QID
  - IV if refluxing
  - ?Anti-inflammatory effect
- C. perfringens
  - Severe, static distension
  - Flocculent Reflux
  - Septicemia + Septic Shock
- C difficile
  - Antigen: Normally present in Neonates
  - Toxin: Never Normal

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